**Albany ISD**

**Student Health Advisory Council**

2nd COUNCIL MEETING

Wednesday, October 25th, 2023, at 3:45pm

Agenda:

1. Call to Order

3:51pm

1. Sign In/Welcome

Heather Nitschke

Kelsey Bell

Robin Balliew

Joanna Wright

Mr. Gallagher

1. Review of the Purpose of SHAC-School Health Advisory Council. Reviewed
   1. A SHAC is a school district created advisory group, consisting of members from different areas of the community and school district. The job of the SHAC is to make sure that the school district’s school health programs reflect local community values.
   2. helps school district personnel and community members understand the basics of local school health advisory councils (SHACs) and their importance in creating a healthy school environment.

$3871.79 is the balance of the SHAC account.

1. Goals for 2023-2024:
   1. Increase parental involvement to help our school and community stay healthy and safe.
      * NSES:
        1. Fall Fest Health Booth

Volunteer for Fall fest booth- Claire Ware, Heather Nitschke, Audrey Peterson

Needed: Working BP cuffs, Tickets and Health info.

Placement- end of the line to be able to be in front of the booths

Banner & lights. Table booth/ chairs

* + - 1. Garden, Outdoor Sensory Space- Create a Spring Contest?
         * <https://texasfarmbureau.org/youth/ag-in-the-classroom/>
         * $500 grant, ranchers/farmers come in monthly from Feb-May, TEKs already created for the grade levels.
         * Contest within grades- salsa contest or how many pounds of food can you grown in that amount of time.
         * Kid and Community Ambassadors
         * Starting FEBRUARY
         * GRADE each get beds or classes? and One Large flower bed
    - AJHS:
      1. Football Kick – see below.

1. Newsletter-
   1. Remind, Letter, Albany Sports Broadcasting, Email- Mr. Gallagher’s Week Recap.
      * Newspaper welcome to put in the newspaper with school news

Monthly online is great. Remind this month.

* 1. Information included… School/Community/Nutrition/Events
  2. Timing- Monthly YES

1. Open Forum/ New Business
   1. Football Kick Off Fundraiser Oct 27th (last home game)

This Friday- Announce at Pep Rally

Give info to announcer

$5/ticket

Make signs with info with Goals of what we are fundraising for.

Volunteers: Kelsey Bell, Claire Ware, John Gallagher, Heather Nitschke

Half Time- have Info sheet to John Tate

Football and Tee at the 20 yard line to kick.

* 1. Fentanyl Awareness Month- Update on how the curriculum/presenter went.

Went well, very informative, quite graphic, not great parental participation

-Kids had questions and started conversations with parents and teachers.

Maybe next year 6 grades can have a grade level presentation

1. Adjourn

4:08pm