**Albany ISD**

**Student Health Advisory Council**

2023-2024 School Year

4th COUNCIL MEETING

April 16th 2024

Agenda:

1. Call to Order
2. Sign In/Welcome
3. Review of the Purpose of SHAC-School Health Advisory Council.

Duties of the SHAC

* + - * recommending the number of hours of instruction to provide health education.
      * Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and type 2 diabetes
      * Instruction to prevent the use of tobacco
      * Appropriate grade levels and methods of instruction for human sexuality instruction
      * And more… see pg. 6 & 7 of SHAC guide to review duties.

1. Goals for 2023-2024:
   1. Increase parental involvement to help our school and community stay healthy and safe.
   2. NSES Garden and Kinder Playground Canopy
2. Financial update: SHAC Account:
3. Ongoing projects: Newsletter & Million Mile April Health Code District walk.
4. Open Forum/ New Business
   * + NSES:
       - Garden/ Outdoor Sensory Space- Special Meeting Info Nov/Implementation in Jan
         1. Budget-

$372.47 (seed starter kits/water sprinkler) +$493.92 (8 raised beds) + $32.46 seeds, $33.90 potting soil+ $12.99 (cups/pots), $23.79 (potting soil)

Total to date spent- $969.53

Still needed- more dirt, water lines, plants maybe

* + - * 1. Spring Contest Concepts- total weight of produce by last week of school.
    - Wellness Week
      * May 13-17-
        1. NSES
        2. AJHS

Monday

Tuesday

Wednesday

Thursday- SHAC- Garden Day

Produce weigh in

Salsa Making

Grade signs/craft.

Friday- Disco

1. Adjourn

*This notice was posted in compliance with the Texas Open Meetings Act on Feb 18th, 2023.*

*Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*