

Albany ISD Student Health Advisory Council

2023-2024 School Year

3rd COUNCIL MEETING

Wednesday, March 6, 2024

1. Call to Order **TIME:** 3:43pm

2. Sign In/Welcome

Heather Nitschke

D. Boyett

L. Musselman

Bill Bohannon bill.bohannon@dshs.texas.gov

K. Bell

J. Gallagher

M Bellah

S Hogan

3. Review of the Purpose of SHAC-School Health Advisory Council.

8 Component of Priority Focus

1. Nutrition Services
2. Health Services
3. Healthy and Safe School Environment
4. Counseling and Mental Health Services
5. Staff Wellness Promotion
6. Parent and Community Involvement
7. Physical Education

8. Health Education

4. Goals for 2023-2024:

- a. Increase parental involvement to help our school and community stay healthy and safe.
- b. NSES Garden and Kinder Playground Canopy

5. Newsletter: Oct, Nov, Dec, Jan, Feb on remind app.

-Reports of receiving the information on the different platforms and the information provided was positive.

6. Open Forum/ New Business

DSHS Public Health Region 2/3 Speaker-

-Bill Bohannan for DSHS about programs and education that can be provided to students, parents, and classes.

Wellness & Health Services 2023-2024

- a. Updates to past document
- b. Food and Nutrition new requirements

-Sheila Hogan spoke about nutrition requirements and snack requirements. Class snacks should adhere to state healthy snack guidelines, and there are 2 exempt forms the district can fill out if not following guidelines for a certain activity or day. FCCLA may have more times they can file for exemptions.

-Will review and ready to be approved by April School Board Meeting, triannual review also will be completed by Lynsi Musselman by then and will be posted on our website. Thanks Lynsi!

NSES

Garden/ Outdoor Sensory Space- Special Meeting Info Nov/Implementation in Jan

a. Budget-

i. \$372.47 (seed starter kits/water sprinkler) +\$493.92 (8 raised beds)+\$32.46 seeds, \$33.90 potting soil, H&H garden center 3/6/2023 compost and strawberries.

ii. Total approximate to date spent- \$1200

iii. SHAC account- with todays purchase of compost around- \$4000

iv.. Still needed- water lines and SHAC wellness week plans/craft for beds.

b. Grades 2, 3, & 4 signed up for the Texas Farm Bureau **Farm From School with Texas Farm Bureau in Spring 2024!**

i. This program offers a virtual opportunity for classrooms to engage with a farmer or rancher to learn about how agriculture connects to grade-level concepts. Monthly meetings during the spring- topics are Strawberries, Watermelons, Bison, and farm equipment.

AJHS:

Basketball Free Throw Contest Fundraiser **FEB 2, 2024!!**

a. We made \$277 (\$100 was not in the pot due to donation to SHAC)

b. Mr. Chambers \$20

Wellness Week: May 13-17- Elementary and High School Plans.

-Hand out plans and people in charge of certain tasks.

Garden Day SHAC's Day is Thursday

a. Make salsa from what we can out of the garden

b. Make a grade plaque for their bed.

7. Adjourn: **4:04pm**